

WA Health COVID-19 Bulletin #3

Friday 16 December 2022 11:30 Hours

This bulletin has been authorised by Deputy Chief Health Officer – Health Protection Dr Revle Bangor-Jones

COVID-19 case and vaccination numbers

• WA: Weekly statements and weekly surveillance report

• National: Current national status and Australia's vaccine roll-out

Worldwide: WHO Situation Reports and dashboard

Living with COVID

COVID-safe holiday period gatherings

This holiday period, protect yourself and others when entertaining guests, attending events and travelling.

COVID-safe <u>behaviours</u> are an important way to reduce the spread of COVID-19 and protect community members most at-risk of severe illness.

Stay at home if you're unwell to avoid further transmission. When leaving the home or travelling, consider carrying rapid antigen tests, masks and hand sanitiser for use when required.

The Australian Department of Health released <u>COVID-safe advice</u> for the general community.

Businesses, event managers and local government should follow all event-related policies, including the <u>Guidelines for Concerts</u>, <u>Events and Organised Gatherings 2022</u>.

Evidence of being a confirmed case

People who test <u>positive</u> for COVID-19 may be asked to provide evidence of their positive test. If evidence is required, businesses and employers are encouraged to accept:

- a dated photograph of the positive rapid antigen test (RAT)
- the PCR test result from My Health Record
- the PCR test result text message
- the text message received from WA Health after registering the positive RAT result on HealthyWA or testing positive via PCR test.

People who test positive to COVID-19 via RAT are not required to have a PCR to confirm the result. Information for <u>employers and businesses</u> is available at the Department of Health website.

SCGH post-COVID syndrome referrals

Sir Charles Gairdner Hospital (SCGH) is now accepting referrals for the management of post-COVID syndrome (long-COVID). The service is coordinated by Respiratory Medicine where a multidisciplinary team provides care.

Referral criteria includes:

- multisystem symptoms or deficits
- present for more than 12 weeks after confirmed COVID-19 infection
- living within the SCGH Catchment Area.

Individuals are encouraged to talk to their GP or medical service to determine appropriate post-COVID symptom management, including referral to the above (or similar) service.

EMHS post-COVID syndrome referrals

Bentley Health Service provides a post-COVID syndrome service through the East Metropolitan Health Service (EMHS) Post COVID-19 Clinic. The service is led by a Senior Physiotherapist.

Referral criteria includes:

- those over 16 years of age living within the EMHS Catchment Area
- being at least 12-weeks post diagnosis
- people experiencing significant, ongoing but non-urgent symptoms
- having objective physical findings which have failed to resolve with primary care and that cannot be attributed to other obvious causes or cognitive/psychological issues.

Individuals are encouraged to talk to their GP or medical service to determine appropriate post-COVID symptom management, including referral to the above (or similar) service.

Full referral requirements and additional information is available at the EMHS website.

National strategic framework announced

On 9 December 2022, National Cabinet announced a strategic <u>framework</u> for transitioning to a new normal..

Testing

Holiday period COVID Clinic hours

The Murdoch Drive-through public COVID clinic has the following holiday-period adjusted opening hours.

Date	Opening hours
Saturday 24 December (Christmas Eve)	8am - 1pm
Sunday 25 December (Christmas Day)	Closed
Monday 26 December (Boxing Day)	8am-1pm
Tuesday 27 December	8am-1pm
Saturday 31 December (New Year's Eve)	8am-1pm
Sunday 1 January (New Year's Day)	8am-1pm
Monday 2 January	8am-1pm

Murdoch COVID Clinic provides PCR tests without a referral for people with COVID-like symptoms or asymptomatic close contacts. Find regional PCR testing options via the <u>Pathwest</u> website.

Refer to HealthyWA for to most up-to-date opening hours and additional testing options.

Testing criteria

General population testing criteria are available at the Department of Health website.

The <u>Testing Criteria for SARS-CoV-2 in Western Australia #41</u> came into effect on14 October 2022.

The Australian Department of Health published a <u>statement</u> on access to PCR testing from 1 January 2023.

COVID-19 vaccination program

Stay up to date with your COVID-19 vaccinations.

COVID-19 vaccinations are still available at participating GPs and pharmacies. Visit the Vaccine Clinic Finder for provider locations and booking details.

Resources

Refer to the <u>Department of Health</u> and <u>HealthyWA</u> websites and the <u>WA Government</u> website regularly for the most up-to-date COVID-19 information.

Recently updated webpages and resources

- Infection Prevention and Control Guidelines for Western Australian Residential Care Facilities
- HealthyWA COVID-19 cases and contacts (anti-viral treatments)

Additional resources

- Department of Health Media releases and news
- Department of Health <u>Chief Health Officer</u> advice
- Department of Health YouTube channel
- HealthyWA COVID-19 vaccine page
- WA Government Posters, signage and resources for businesses
- Australian Government Coronavirus (COVID-19) pandemic
- Australian Government Recommended COVID-19 doses infographic
- Australian Government <u>COVID-19 vaccination clinical considerations</u>
- Australian Government COVID-19 vaccine translated information
- Aboriginal Health Council of WA COVID-19 Aboriginal vaccination resources
- World Health Organization (WHO) <u>Coronavirus disease (COVID-19)</u>
- PathWest pathology results: 13 7284 (13 PATH Not for GP referred or private pathology tests)
- COVID-19 WA Public Information Line: 13 268 43 (13 COVID)

Series of National Guidelines (SoNG)

The latest iteration was released on 14 October 2022.

Legislation

The Direction revocations relating to the cessation of the State of Emergency are available on the WA Government website.

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